

CONNECTED PARENTS

02

For dating relationships
free of **CYBERVIOLENCE**

What are the signs that a teen is being cybervictimized by their boyfriend or girlfriend?

Certain changes in your child's behaviour could be warning signals.

For example:




- “ Avoiding their cell phone or computer or, inversely, using them much more than usual.
- “ Expressing anger, sadness or anxiety after using their cell phone or computer.
- “ Suddenly concealing their social media activity from friends.
- “ Looking anxious when the phone rings.
- “ Distancing themselves from their friends and breaking off their usual activities to devote themselves exclusively to their boyfriend or girlfriend.
- “ Being evasive about their boyfriend or girlfriend.
- “ Shutting down discussions with family and friends when the subject of their boyfriend or girlfriend comes up.
- “ Seeming more impatient or frustrated than usual.

PSST!

The first step in taking action is recognizing changes in your child's behaviour.



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KNOW ANY OTHERS?

